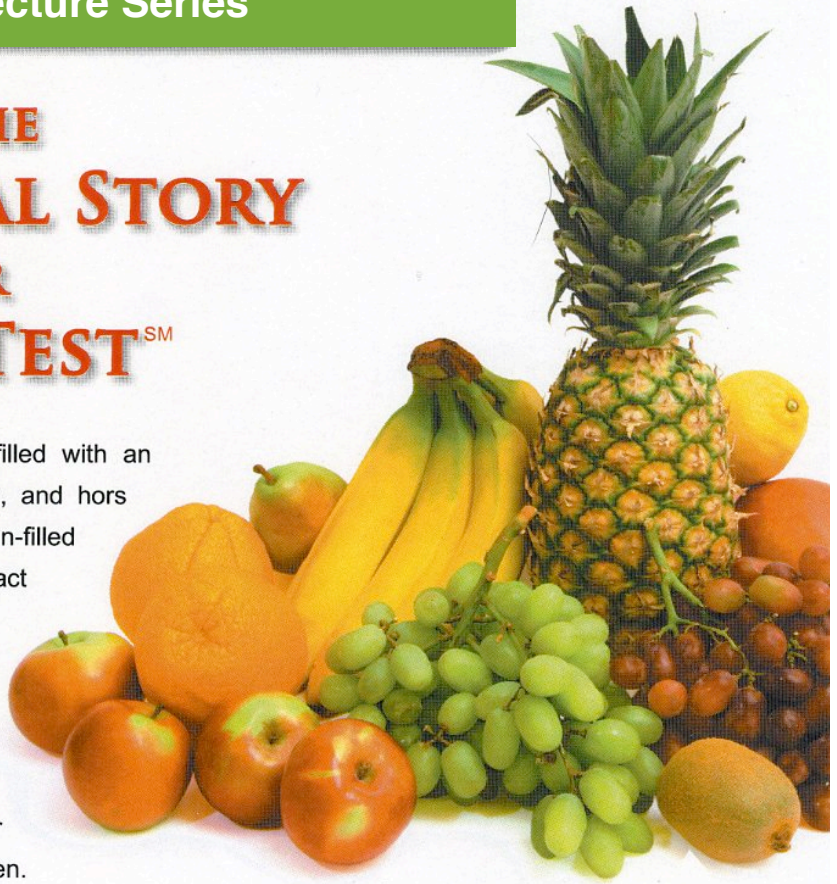


Mountain Air Wellness Centers July 8, 2008  
*Take Charge of Your Health!* Lecture Series

SCIENCE & NUTRITION

## DISCOVER THE NUTRITIONAL STORY IN YOUR BLOOD TEST<sup>SM</sup>

This special free one-hour event is filled with an informative slide show, drawings, gifts, and hors d'oeuvres. It promises to be a fun-filled evening which may have a lasting impact on your health. Learn how this new science-based approach to nutrition can provide you with your own customized nutritional analysis. You will see how your blood test holds an untold story that can be used to plan your personalized health and wellness regimen.



**July 8, 2008 • 6–7 pm • Mountain Air Wellness Center, Cashiers, NC**  
130 Hwy. 64 E., Cashiers, NC 28717 • Tel: 828.743.9070

### LEARN ABOUT

- ▶ What your blood test can reveal for you from a nutritional perspective.
- ▶ How your symptoms may relate to nutritional deficiencies or imbalances.
- ▶ Targeting Science-Based Nutrition to balance your blood test.
- ▶ and many other benefits.

The winner of our drawing will get a free analysis with a full report, so be sure to bring your most recent blood test. Even if you don't have a recent blood test, come see how this approach can benefit you and your family - the scientific way!

